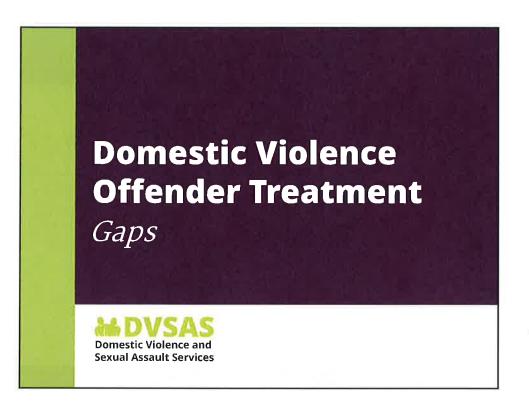
Legal & Justice Systems Committee On-7/11/2017 From Karen Burke



CURRENT PROGRAMS

What is available in Whatcom County:

Four certified treatment programs

Bellingham

- · Violence Intervention Professionals
- · Relationship Resources (currently not operating)

Blaine

· Waterfront Counseling

Lummi Nation

• Lummi Behavior Accountability Program (unclear if operating)

GAPS and BARRIERS

- Expensive for participant low pay for provider (approximately \$150 - \$175 for an evaluation and \$40 - \$85 per group)
- Not available hard to get a call back
- Not consistently or timely reporting to probation
- One size fits all programs
- No clear positive outcomes numbers count only
- No/limited connection with victims
- Lack of community accountability
- No Spanish groups and limited interpreter
- No individual treatment
- No treatment for juveniles
- Unclear and inconsistent program models
- Limited locations

NEW WAC - KEY CHANGES

WAC 388-60 (drafted for 2018)

- Clarifies qualifications for all direct treatment providers
- Adopts a thorough and specific interview and assessment criteria to determine treatment need
- Requires a Level of Care based on assessment

NEW WAC - PROGRAM REQUIREMENTS

Treatment Programs must:

- Use evidence-based or promising practices in all levels of treatment
- Use a trauma-informed approach in treatment
- Cover topics specified in the relevant WAC
 - Examples for Levels One & Two:
 - Belief systems that allow & support violence against women or others
 - Definitions and forms of abuse, battering and DV
 - Impact of abuse on children
 - Accountability for participants' choices & behaviors
 - Respectful relationships
 - Empathy building
 - Beliefs used to justify abusive behavior

	NEW WAC – LEVELS OF CARE							
Risk of Lethality & Recidivism	Treatment Facilitator	Group Considerations	Minimum Length					
Low; No history	Staff or Supervisor	May be combined with level two treatment	6 months					
ow to Medium	Staff or Supervisor	May be combined with level one treatment	12 months					
High	Supervisor	May be incorporated into lower or higher level treatment group	12 months					
High; Sociopathic Behaviors	Supervisor	Does not benefit from traditional DV interventions; Must be separate from participants in levels one & two.	18 months					
	Low; No history ow to Medium High High; Sociopathic	Low; Staff or Supervisor ow to Medium Supervisor High Supervisor High; Sociopathic Supervisor	Low; Staff or Supervisor No history Staff or Supervisor May be combined with level two treatment May be combined with level one treatment May be incorporated into lower or higher level treatment group Does not benefit from traditional DV interventions; Must be separate from participants in levels one &					

SOME BEST PRACTICES

Moral Reconation Therapy (MRT)

- Cognitive-behavioral group counseling program
 - Focus on changing behavior by changing beliefs
 - Goals are enhanced moral reasoning, better decision making, appropriate behavior
- 24 modules
- Facilitators must complete 32-hour training program

Duluth Model

- Individual and group counseling
- Focus on control and gender roles
- Requires a Coordinated Community Response for accountability

Motivational Interviewing combined with CBT

- CBT group sessions and individual MI sessions
- Goal oriented
- Client defined

NEXT STEPS

- 1. DVSAS will continue to research the feasibility of offering domestic violence offender treatment including finding program funding.
 - Riverstix/ Whatcom Community Foundation for program pilot
 - Whatcom County Health Department
 - Insurance coverage
 - Whatcom County and City of Bellingham Jail Alternatives
 - Participant contribution (sliding scale to 0\$)

2. DVSAS will convene a steering committee

(Confirmed attendance from DV Commission, Children's Administration, Ferndale Police Department, United Church of Ferndale, Western Washington University, Private Attorney)

- To further determine program costs, participant contribution and funding options
- To develop a curriculum based on Best and Promising Practices
- To develop clear goals and outcome measures
- To monitor program effectiveness (future)

ESTIMATED SUPPORT BUDGET

Yearly Budget

Serving between 60-100 participants per year and includes victim contact, meeting attendance and contact with probation

Expenses

Salaries/benefits

1FTE MSW Treatment Provider	80,000
1 FTE Assistant Provider	60,000
Travel/Meetings	1,000
Equipment	8,000
Supplies	5,000
Facility	15,000
Professional Fees	5,000
Other	1,000
Indirect expenses	26,550
Total Expenses	\$201.550

Possible Income

Participant Fees (\$300 X60)

\$18,000

Apple Health/Insurance Billing (\$35 session X 49 weeks x 50 participants)

\$85,750 \$103,750

Unfunded

\$97,800

		Section 4
(a)		